

5 Fantastic Reasons to Join Crabtree Farms' CSA

1. **PRICE** ~For the price of dinner for two, you have a week's worth (for 3) of fruits and vegetables with delicious recipes. For around \$25 a week, you receive a generous amount of organic produce of the highest quality and freshest flavor. It is the same produce you would get at Greenlife, but by skipping the middle man, you get a better deal.
2. **NUTRITION** ~You receive more nutritional value on a consistent basis since the produce is organic, picked at its prime and grown locally, not shipped 1,000 miles (Improved diet through consistent access to healthy, nutritious produce.)
3. **SUSTAINABILITY** ~ Supporting the local economy by keeping your hard earned dollars circulating in Chattanooga, not only benefiting your health, but the health of the environment also. By supporting a grass roots organization like Crabtree, you are promoting fair trade while getting guaranteed delicious produce weekly.
4. **QUALITY & SERVICE** ~ At Crabtree Farms, you know who grows and handles the produce you eat. You can meet the farmers face to face. More delicious varieties of the vegetables you love, not the same old varieties at the conventional grocery store.
5. **ATMOSPHERE** ~ By supporting Crabtree Farms, you're preserving a local legacy of precious, almost forgotten, farm land. When you pick up your produce, you will benefit from the beautiful setting of Crabtree Farms, a dynamic and ever-changing eco-system.

There is only one other CSA in the area. We are one of 2 more beginning this year in the Chattanooga area. Once established, most CSA's throughout the nation have waiting lists. This exhibits the growing interest in securing consistent fresh produce from local growers. The number of CSA programs in the U.S. in 1990 was around 50, and is now over 1,000.

Frequently Asked Questions

1. What would I find in a typical box?
 - There will be 6 to 8 different products in a typical box. This is subject to availability.
2. What new crops will Crabtree offer in 2007?
 - Celery, Spinach, Sweet Corn, Green Beans, Oyster Mushrooms, Pumpkins and Melons will be offered in addition to the veggie crops we offered last year. We also anticipate much larger fruit crops, such as strawberries, blueberries and blackberries.
 - We plan to diligently work with other local organic and natural growers to add more variety to our boxes with their crops.
3. What are the Payment Options?
 - We offer an installment plan of 3 payments and a workshare program through which you can discount the cost in exchange for volunteer hours.
4. Why did Crabtree change from the convenient subscription program?
 - A traditional CSA offers more consistency for the production and harvesting of crops.
 - More efficient than subscription program in costs of the farm operation, thus enabling Crabtree to offer more educational and philanthropic opportunities.
5. What if I cannot pick up my box up?
 - Our policy is that your box is donated on need basis if it is not picked up as scheduled.
6. What if I do not want something in my box? Can I exchange it?
 - There will be an exchange box for those that really do not want a particular product to exchange or swap with other members.
7. We cannot use that much food. Will you offer 1/2 Boxes?
 - No, we cannot offer this option this year. However, we encourage people to split the cost by splitting boxes or alternate picking up each week with friends or neighbors.