



Winter Blitz CSA 2010

DELICIOUS WINTER VEGETABLES

Arugula	Scallions
Lettuce Mix	Head Lettuces
Broccoli	Cauliflower
Various Herbs	Garlic
Radishes	Kohlrabi
Carrots	Cabbage
Kale	Collards
Swiss Chard	Beets

What is "CSA"?

CSA stands for Community Supported Agriculture. CSA is a way for the community to create a relationship with a farm and receive a weekly box of produce. It enables the community to make a long-term commitment to a farm. A typical CSA season runs from late spring through early fall. The number of CSAs in the US was at 50 in 1990 and has grown to over 2000.

How It Works

- CSA members pick up a box of healthy, organic produce each week.
- Each box is \$25 and feeds 2-3 people.
- All produce is grown on-site at Crabtree Farms
- Crabtree Farms hand-picks the produce, then it is bagged and ready for you!
- We strive to offer a variety of delicious produce each week.

Pick Up

- Wednesdays, 12-6 at Crabtree Farms
- **December 1st–December 22nd**

Terms and Conditions

- **Participants commit for 4 weeks from December 2 – December 23**
- Since boxes are pre-paid, they can be collected together by neighbors/family.
- All produce and co-op items are subject to availability and are not guaranteed
- Pre-payment can be made by check, cash or credit card. *Note: Credit cards incur a 3% handling fee.*
- Cost ~ \$100 for 4 boxes, due with application. Payment is non-refundable.

For more information, please contact:

Joel Houser
jhouser@crabtreefarms.org
(423) 493-9155 ext. 12

ADOPT-A-BOX Program

Share the harvest with those who might not have access to fresh organic food. Many in the community go without proper nutrition. Through this program, produce will be donated weekly to partners in the community for direct food assistance.

By donating funds to the Adopt-A-Box Program, you can be assured that 100% of your donation will provide food to local children and families. Any amount that you can donate will be greatly appreciated by someone in need.

Please detach and submit with payment to reserve your membership:

Crabtree Farms CSA, PO Box 2250, Chattanooga, TN 37409

Name: _____

Address: _____

City: _____ **State:** _____ **Zip code:** _____

Email: _____ **Phone:** _____

Payment method:

Check # _____

Visa/MC # _____ - _____ - _____ - _____

Exp. Date: ____/____ 3 Digit code: _____

(A 3% Handling Fee applies to all credit card transactions)

I would like to share the harvest by contributing to the Adopt-A-Box program \$ _____

I agree to the terms and conditions of the Crabtree Farms CSA program and I want to participate!

Please sign here: _____

Thank you for supporting your local organic farmers!